

Miami Screening of "The (M) Factor: Shredding the Silence on Menopause" Documentary Draws Sold-Out Crowds for Two Inspiring Evenings of Women's Health Education, Advocacy

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Laurie Jennings, Dr. Starr Mautner, Dr. John Diaz, Dr. Jo LaMarca-Mathison, and Dr. Patricia Guiribitey

Host Dr. Jila Senemar, Moderator Laurie Jennings, Leading Medical Specialists, and Co-Producer of the Documentary Participate in an Exclusive Interactive Discussion and Screening Event in Miami at Mr. C Coconut Grove

MIAMI, FL, November 22, 2024 /PRNewswire-PRWeb/ --

A captivating and designated sponsored screening of "The (M) Factor: Shredding the Silence on Menopause," hosted by Dr. Jila Senemar, transformed Mr. C Coconut Grove into a hub of empowerment on November 18 and 19. The two sold-out event evenings drew hundreds of engaged guests, underscoring the community's deep interest in women's health education.

The event provided a unique platform to spotlight menopause, bringing open dialogue and education to a topic often overlooked in women's healthcare.

Emmy Award-winning journalist Laurie Jennings moderated the November 18 screening, guiding a dynamic panel discussion with Dr. Jila, co-producer Joanne LaMarca Mathisen, and distinguished medical specialists Dr. John Diaz, Board-Certified Gynecologic Oncologist at Miami Cancer Institute; Dr. Starr Mautner, Board-Certified Surgeon at the Breast Center at Miami Cancer Institute; and Dr. Patricia Guiribitey, Board-Certified Psychiatrist and Founder of Dynamic Psychiatry. The engaging discussion delved into the latest research and innovative approaches to menopause management, while audience participation transformed the evening into a supportive forum where women freely shared personal experiences, formed connections, and gained insights about their health journey.

"It was extraordinary to see such a passionate and engaged audience eager to learn more about both perimenopause and menopause, and its profound impact on health," said Dr. Jila, a board-certified OB-GYN and recognized leader in menopause care. "This event reflects the crucial and growing demand for open, supportive spaces where women can access evidence-based information and feel empowered to take charge of their health and overall well-being."

Co-producer Joanne LaMarca Mathisen added: "'The (M) Factor' aims to bring these important conversations into the mainstream. We hope this documentary encourages women everywhere to feel validated in their experiences and to seek out the information and support they deserve."

The successful screening event was made possible thanks to the generous support of sponsors, including City National Bank of Florida, Mr. C Miami-Coconut Grove, CORE Health, FEM Iron Infusion Centers, J.P. Morgan Private Bank, and The Mortgage Group.

Guests enjoyed light bites and refreshments and received exclusive goodie bags filled with carefully curated items, including a select book on menopause, artisanal aromatherapy candles, premium Menowell protein bars, jewelry, and more. They also took photos at the event's stunning floral backdrop, making the experience both memorable and impactful. The gathering concluded with a powerful message: through community support and education, we can revolutionize the narrative around menopause and women's health.

About Jila Senemar, MD

Dr. Jila Senemar, a board-certified OB-GYN with over 20 years of experience, is dedicated to empowering women with personalized health solutions. Learn more at jilamd.com.

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